Babe Ruth Baseball
Pacific Northwest Regional Championships
16-18 Division
July 18 - 23, 2017
Calgary, Alberta, Canada

www.brcregionals.com
On behalf of the Pacific Northwest Region of Babe Ruth Baseball, I would like to welcome you to this year’s Regional Tournament.

In order to enhance your Regional Tournament experience, each Host League is preparing an on-line information package providing all the tournament information as well as options for accommodations and sightseeing.

I want to take this opportunity to draw your attention to two items of particular interest: PNW Regional Tournament Rules and Regulations, and the concussions awareness training which PNW fully endorses and which will be in effect during all Regional Tournaments.

**PNW Regional Tournament Rules and Regulations** – Included in the information package are two documents: 1) Tournament Participant Information, and 2) Pool Play and Tie-Breaker Format. I encourage you to review both of these documents carefully as they are the rules/regulations under which our Regional Tournaments are conducted. These rules/regulations may be different from those under which your State or Provincial Championships are conducted. While these rules/regulations will be addressed in detail at the mandatory Manager’s meeting prior to the opening of the Tournament, it is important that players and parents understand them as well.

**Concussion Awareness** – Most sports fans are aware of numerous player injuries as a result of concussions in both professional and amateur sports. Players in professional hockey, baseball and football have suffered concussions which have resulted in them missing not only a few games but also the rest of their season, and in some cases even more time.

As a result of the increasing number of concussion incidents, the Pacific Northwest Region mandates a concussion awareness training for players, their parents, and their coaches. It also mandates that any player suspected of sustaining a concussion be removed from competition and not be allowed back into competition until the player has received written clearance from a licensed health care provider trained in the management of brain injuries. Please be aware that this will be strictly enforced during all Tournaments.

At the mandatory Manager’s meeting this issue will be fully addressed with the managers and coaches. I would, therefore, urge all players and their parents to read the concussion information included in this information package.

Best of luck to all participants. Play great baseball and experience good sportsmanship throughout the tournament.

Jerry

Jerry Bodden
Regional Commissioner
Pacific Northwest Babe Ruth Baseball
It is with great pleasure that I welcome the players, coaching staffs, and spectators to the 2017 16-18 yr old Pacific Northwest Regional Tournament in Calgary, Alberta, Canada.

You as players and coaches have worked long hours in practice and in competition, dedicating yourselves to improving your athletic skills to earn the honor or representing your State/Province in this tournament.

I want to extend my thanks to the Calgary League volunteers and the Calgary community for making this tournament possible.

I wish that you have the opportunity to enjoy the recreational and cultural attractions that Calgary and Alberta have to offer during your visit.

Again, welcome to all of you and I hope everyone’s visit will be a pleasant and rewarding experience. Good luck and may the best team win this tournament on the journey to the world series in Ephrata, Washington.

Butch

Butch Hert
16-18 Regional Commissioner

“Baseball was, is and always will be to me the best game in the world.”

-  Babe Ruth
Calgary Babe Ruth Baseball

June 15, 2017

Dear Participants, Coaches and Fans,

Congratulations to each of the qualifying teams. It is a great accomplishment and you should be proud of your achievements thus far. On behalf of Babe Ruth Calgary, its Board of Directors, our league families and the City of Calgary, it is my pleasure to welcome you to the 2017 Pacific Northwest Regional Championships. We are very excited to host this tournament in 2017 as part of Canada’s 150th Anniversary celebrations, and would like to thank the Pacific Northwest Regional Committee for bestowing on us this great honor. A wonderful opportunity for all the teams coming to Canada, during the 150th birthday celebration of our country as well. I am hopeful that the teams coming up will spend an extra few days and take advantage of the free admission to our National Parks as well (including Banff!)

Our team is from Calgary, Alberta – home of the Calgary Stampede, the Greatest Outdoor Show on Earth. Calgary started giving out the Smithbilt White hats in 1948 to welcome and show our hospitality to visiting sports teams. Since that time the tradition has evolved past sports teams and today, the white cowboy hat is an internationally recognized symbol of the City of Calgary and of our western hospitality. The Mayor of Calgary has presented white hats to visiting politicians, celebrities and athletes. In fact, every US President in the past 50 years has been presented with a white hat, including Barack Obama. We look forward to welcoming you as our guests in July in traditional Calgary style.

As we look to the week of July 19-23 and the arrival of the participating teams from the Pacific Northwest Region, we are confident that the caliber of baseball will showcase why each of these teams deserves to be in this competition. Babe Ruth Calgary and its Regional Committee volunteers will be executing their greatest efforts to make the tournament and your stay in Calgary the best that it can be. We hope that you have the opportunity to explore the energy and excitement of our city, the beauty of its location and our surrounding area and discover the reasons why we are proud to call Calgary home.

Good luck to all of the teams. You are already Champions and outstanding examples of Babe Ruth baseball at its finest. We look forward to seeing all of you at the tournament in July.

Mike

Mike Doyle
President
Babe Ruth Calgary
Congratulations on advancing to the 2017 Pacific Northwest Regional Championship Tournament. This is a significant milestone in your players’ baseball career and we look forward to welcoming you to beautiful Calgary, Alberta nestled in the heart of the Rocky Mountains. We hope to make this experience one that your players, families, and fans will remember for years to come.

The following materials are designed to provide you with all of the information you will need prior to arrival to help you prepare yourself and your team for the Tournament and your stay in Calgary.

Please provide copies of this packet to all members of your team and remind them that they will need appropriate documentation to travel into Canada – passports and birth certificates. We expect visiting families to have safe travels during their travels in Canada, but unexpected circumstances do arise when we least expect it – please ensure your team and its families are covered with valid travel insurance for the duration of your stay.
Before You Arrive

In order to run an organized and successful Tournament, we need your cooperation and support in providing specific documentation prior to your arrival.

Please email: Mike Doyle, Tournament Director at mjd@cagc.ca with the following items;

1. **Team Roster** (Player Name, Jersey #, Birth Year, Bats R/L, Throws R/L, Position)  
   See Appendix 1

2. **Team Photo** (Specifications: jpg or tiff format with Team Member Identification)  
   These items must arrive by 12:00 pm, Friday, July 14th, to be included in the tournament program.

   In addition you need to have a team photo with player ID uploaded to Babe Ruth online. These items do not take the place of the information that is required in your official documents.

3. **Head Coach / Manager / Team Administrator** – Provide names and cell phone numbers for each

Admissions

In lieu of gate charges, the Pacific Northwest Regionals Committee will be establishing a **Tournament Spectator Pass of $500 USD per team**, allowing teams, fans and spectators to come and go to games at their will.

Please make cheque payable to: Babe Ruth Calgary and bring to your designated check-in time

Please note that the City of Calgary bylaws prohibit; Weapons, Drugs, Tobacco, Alcohol and Animals (with the exception of service animals) in designated sports field areas.

Please do not bring any of these Items into the Optimist Ball Park area.
BORDER CROSSING REQUIREMENTS

BY LAND

Effective June 1, 2009, all travelers must present documents to enter U.S./Canada. These documents must be:

- A valid U.S. or Canadian passport; or
- A U.S. Passport Card (only valid for land and sea) – U.S. citizens only; or
- Trusted Travel Program Card such as NEXUS, SENTRI OR FAST; or
- An Enhanced Driver’s License from a province or territory where a U.S. approved EDL/EIC program has been implemented.

U.S. and Canadian children under the age of 16 will be able to present the original or certified copy of their birth certificate or other proof of citizenship such as a naturalization certificate or citizenship card to enter.

Groups of U.S. and Canadian children ages 16 through 18, when traveling with a school or religious group, social organization, or sports team, will be able to enter under adult supervision with originals or copies of their birth certificates or other proof of citizenship.

Note: Adults traveling across the U.S./Canada with children who are not their own should have a written note from the parent or guardian giving permission for the children to leave the country. The permission should include the name and contact information of the parent/guardian.

BY AIR

Effective June 1, 2009, all travelers must present a valid passport or a valid NEXUS card (when used at kiosks at participating airports) to enter U.S./Canada. This requirement applies to all travelers, regardless of age, including children.

Please ensure that you have the correct documents for traveling across borders.

For more information visit: www.canada.gc.ca OR www.travel.state.gov
TOURNAMENT PARTICIPANT INFORMATION

Officials of the Babe Ruth League program and the Host League have made extensive efforts to ensure your stay at our Regional Tournament will be pleasant and rewarding. We expect all participants to fully cooperate with the following Tournament Rules and Regulations.

- All Team Members must be present for check-in at the time designated by the Tournament Host.
- Where the Sponsoring Host has arranged an Opening Ceremony as part of the Tournament schedule, all Team Members are required to attend in full uniform.
- Where the Sponsoring Host has arranged a banquet or picnic as part of the Tournament schedule, all Team Members are required to attend.
- All players, managers and coaches must attend all games scheduled for their team.

Only the Regional Commissioner or the Tournament Commissioner may grant an exemption to the above where extenuating circumstance are found to exist. Such extenuating circumstances may consist of verified illness or injury, unavoidable travel problems, or other circumstances completely beyond the control of the absent Team Member(s). Any decision regarding an exemption will be the responsibility of the Regional Commissioner or the Tournament Commissioner and such decision shall be final and not subject to appeal. Dual participation by a player, manager or coach in another sporting event does not qualify as an extenuating circumstance and will not be sufficient grounds for granting said exemption. The penalty for violation of the above requirements may be disqualification of the absent player, manager or coach for the remainder of the Tournament, but shall not affect the eligibility of such player, manager or coach, if otherwise eligible, for subsequent levels of play should their team qualify.

A mandatory Managers meeting will be held prior to the beginning of Tournament play. All teams must be represented at this meeting. With pre-approval of the Tournament Commissioner, should an extenuating circumstance beyond the control of the Manager prevent his attendance, a team coach may act as a representative.

Each player on a team shall wear a different number on his/her uniform. The official Babe Ruth shoulder or cap emblem must be worn either on the left shoulder sleeve or on the official Babe Ruth cap. (For sleeveless jerseys, the emblem must be worn on the front left chest.) All managers and coaches must wear a baseball type uniform of the same design and color as the players’ uniform. (i.e., NO SHORTS – NO JEANS – NO SANDALS.)

Game officials shall deal with ON-FIELD conduct. Any player, manager, or coach disqualified from a game shall automatically be suspended from further Tournament participation, pending a review of their actions by the Tournament Commissioner. All such suspensions become effective immediately at the time of disqualification.
SPECIAL INSTRUCTIONS TO PARTICIPANTS

CONDUCT

Your conduct must be above reproach on and off the field; any misbehavior or misconduct could not only cause your disqualification from the Tournament but could also result in the disqualification of your team as well. All players shall conduct themselves in a reasonable and acceptable manner in accordance with team discipline rules as set by their Manager or official in charge of the team.

Unacceptable behavior shall include: unsportsmanlike conduct, willful damage to property, committing any act considered an offence under law, and not abiding to Tournament rules as set out by the Host Committee.

As State/Provincial Champions, you are expected to dress appropriately. You may dress informally and comfortably, however, neatness and cleanliness of appearance at all times is required.

Use of ALCOHOLIC BEVERAGES, SMOKING or CHEWING of TOBACCO by any Team Member, Tournament Official, or Umpire is STRICTLY PROHIBITED. This rule applies during Tournament play at any of the locations being used for any Tournament activity, or at any social function associated with the Tournament. Any VIOLATION of this rule shall be cause for immediate disqualification of the offender(s) from a game(s) or from further Tournament competition. The Tournament Commissioner will review all disqualifications and after considering all relevant facts surrounding such action, he/she may increase such sanction(s) as deemed necessary or appropriate.

No Team Member, Tournament Official, or Umpire shall possess or use any PROHIBITED DRUG OR SUBSTANCE at any time during the Tournament. Any such possession or use of same shall be cause for immediate disqualification of the offender(s) from the Tournament.

Damage to any personal or physical property by any participating Tournament Member shall be cause for immediate disqualification from the Tournament. Any financial costs incurred will be the direct responsibility of the Team Member(s).

For purpose of the rules and regulations of this Tournament, the following definitions apply: (1) “Team Member” is defined to include any Rostered Player, Manager, Coach, or Bat Boy/Bat Girl; (2) “Prohibited Drug” includes any drug not specifically prescribed for that person or any drug that cannot be obtained over the counter, or any drug (or other substance) that is utilized in an excessive, detrimental or abusive manner or dosage.

EJECTION – SUSPENSION – DISQUALIFICATION

In all cases involving a suspension or disqualification, the Tournament Commissioner will review the circumstances involved and, after taking into consideration all relevant facts, may increase such disciplinary action as is deemed necessary or appropriate. The decision of the Commissioner will be final and there will be no appeal from such decision. If further disciplinary action is deemed necessary, the Manager of the team so disciplined will be provided with written confirmation of the penalty and the reasons thereof. The Commissioner will retain a copy of the disqualification report and any supplementary correspondence and it will be forwarded to the Pacific Northwest Regional Commissioner for further review and possible additional penalties. The penalty provisions are quite clear. It is strictly a matter of the enforcement of what we accept as the proper code of conduct keeping in mind the spirit and purpose of what we are involved in and what our objectives are.
Notwithstanding any provision contained in any tournament rule, regulation, provision, agreement or memorandum to the contrary, the Tournament Commissioner shall maintain and have final authority for all aspects of this tournament and may impose the removal, suspension or disqualification of any team member or team from the tournament, and/or take whatever other actions or issue such directives as deemed necessary or appropriate for the administration of the tournament.

Disregard by any Team Member of the foregoing rules and regulations or any subsequent rule, regulation or guideline hereafter enacted, shall be sufficient grounds for that Team Member to be withdrawn from the tournament. Any player so withdrawn shall be placed under the supervision and control of his/her Team Manager.

Babe Ruth Baseball
PACIFIC NORTHWEST REGION
2017 TOURNAMENT OFFICIALS

Butch Hert
Regional Tournament Commissioner
1-541-993-2230
butchbrbb@embarqmail.com

Mike Doyle
Regional Tournament Director
Babe Ruth Calgary President
1-403-589-5987
mjd@cagc.ca
2017 Pacific Northwest Regional Tournament
Schedule of Events
Tuesday, July 18th - Team Check-In
Optimist Arena – Arena Meeting Room
5020 – 26th Avenue SW, Calgary

Required documents are as follows:

- Birth documents for each player as specified by Rule 0.04, paragraph 1
- Copy of League Accident and Liability Insurance Policy
- Tournament Team Roster certified and signed by your League President
- Tournament Team Photo with Team Member Identification
- Letter of League Eligibility Tournament Form signed by State Commissioner
- Consent for Treatment form
- Coaching Certification ID Card or Certificate
- Tournament Spectator Pass of $500 USD per team – Cash or Cheque to Babe Ruth Calgary

Note that the official Babe Ruth shoulder or cap emblem must be worn either on the left shoulder sleeve or on the official Babe Ruth cap of each player, manager and coach.

All tournament teams will check-in at Arena Meeting Room at the times listed below. All team members must be present for team check-in and teams will present their Official Tournament Documents at that time. If you require a different check-in time please advise Mike Doyle in advance by email = mjd@cagc.ca. All times are local MDT – Mountain Daylight Time.

<table>
<thead>
<tr>
<th>Time</th>
<th>Team</th>
</tr>
</thead>
<tbody>
<tr>
<td>11:30 AM</td>
<td>Calgary Blues AAA</td>
</tr>
<tr>
<td>12:00 PM</td>
<td>Calgary Blues AA</td>
</tr>
<tr>
<td>12:30 PM</td>
<td>Montana</td>
</tr>
<tr>
<td>1:00 PM</td>
<td>North Washington</td>
</tr>
<tr>
<td>1:30 PM</td>
<td>South Washington #1</td>
</tr>
<tr>
<td>2:00 PM</td>
<td>South Washington #2</td>
</tr>
<tr>
<td>2:30 PM</td>
<td>Wyoming</td>
</tr>
<tr>
<td>3:00 PM</td>
<td>British Columbia</td>
</tr>
<tr>
<td>3:30 PM</td>
<td>Mandatory Managers and Coaches Meeting – Arena Meeting Room - Tournament officials will address the interpretation / discussion of tournament rules.</td>
</tr>
<tr>
<td>4:30 PM</td>
<td>Alberta Hosted BBQ for all in attendance at no charge.</td>
</tr>
<tr>
<td>5:30 PM</td>
<td>Commencement of Opening Ceremonies - Optimist Diamond #4 All Players, Coaches and Managers must be in full uniform. Teams will assemble at the Diamond’s East gate (Third Base side) at 5:30 pm</td>
</tr>
</tbody>
</table>
July 18, 2017 - Opening Ceremonies Itinerary

4:30 - 5:30 pm - BBQ – Optimist Diamond #4

5:30 pm  - Player assembly on East side of Diamond #4 (third base side)

5:45 pm  - Parade of Teams/Coaching Staff

6:00 pm  - Welcome – Mike Doyle – Tournament Director

6:05 pm  - Welcome to the City & White Hat Ceremony

6:15 pm  - Speech – Butch Hert – Regional Commissioner

6:20 pm  - Singing of Anthems – Star Spangled Banner & O’Canada

- Babe Ruth Pledge
- Opening Pitch & Declaration of the Pacific Northwest Regionals Championship Open
- Closing Remarks & Good Luck to All Athletes

6:30 pm  - Parade of Athletes out of diamond
## 2017 PNW 16-18 REGIONAL GAME SCHEDULE

<table>
<thead>
<tr>
<th>Date</th>
<th>Game</th>
<th>Time</th>
<th>Teams</th>
<th>Score</th>
<th>Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>July 19</td>
<td>1</td>
<td>10:00 am</td>
<td>Montana vs Wyoming</td>
<td></td>
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<tr>
<td>(Weds)</td>
<td>2</td>
<td>1:00 pm</td>
<td>British Columbia vs North Washington</td>
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<tr>
<td></td>
<td>3</td>
<td>4:00 pm</td>
<td>Blues AA vs South Wash #2</td>
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<tr>
<td></td>
<td>4</td>
<td>7:00 pm</td>
<td>Blues AAA vs South Wash #1</td>
<td></td>
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</tr>
<tr>
<td>July 20</td>
<td>5</td>
<td>10:00 am</td>
<td>South Wash #2 vs British Columbia</td>
<td></td>
<td></td>
</tr>
<tr>
<td>(Thurs)</td>
<td>6</td>
<td>1:00 pm</td>
<td>South Wash #1 vs Montana</td>
<td></td>
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<tr>
<td></td>
<td>7</td>
<td>4:00 pm</td>
<td>Blues AA vs North Washington</td>
<td></td>
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<tr>
<td></td>
<td>8</td>
<td>7:00 pm</td>
<td>Blues AAA vs Wyoming</td>
<td></td>
<td></td>
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<tr>
<td>July 21</td>
<td>9</td>
<td>10:00 am</td>
<td>North Washington vs South Wash #2</td>
<td></td>
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<tr>
<td>(Fri)</td>
<td>10</td>
<td>1:00 pm</td>
<td>Wyoming vs South Wash #2</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>11</td>
<td>4:00 pm</td>
<td>Blues AA vs British Columbia</td>
<td></td>
<td></td>
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<tr>
<td></td>
<td>12</td>
<td>7:00 pm</td>
<td>Blues AAA vs Montana</td>
<td></td>
<td></td>
</tr>
<tr>
<td>July 22</td>
<td>13</td>
<td>9:00 am</td>
<td>American #4 vs National #4</td>
<td></td>
<td></td>
</tr>
<tr>
<td>(Sat)</td>
<td>14</td>
<td>11:30 am</td>
<td>National #2 vs American #3</td>
<td></td>
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</tr>
<tr>
<td></td>
<td>15</td>
<td>2:00 pm</td>
<td>American #2 vs National #3</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>16</td>
<td>4:30 pm</td>
<td>American #1 vs Winner Game 14</td>
<td></td>
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</tr>
<tr>
<td></td>
<td>17</td>
<td>7:00 pm</td>
<td>National #1 vs Winner Game 15</td>
<td></td>
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</tr>
<tr>
<td>July 23</td>
<td>18</td>
<td>10:00 am</td>
<td>PNW Regionals Championship Game – Winner advances to World Series in Ephrata, WA – Aug 5-12</td>
<td></td>
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<tr>
<td>(Sun)</td>
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</tbody>
</table>

Home Team will be determined by coin toss at the Managers and Coaches Meeting. Home team will occupy 3rd base dugout and Visitor will occupy 1st base dugout. Exception will be that when playing one of the Calgary teams, the Calgary team will occupy the 3rd base dugout.
Tournament games play by play action may be followed via PointStreak.

http://brcregionals.com/statistics-standings-pointstreak/ on your computer
Pointstreak Mobile on your smart phone – download the free app today!

**DETERMINATION OF POOL PLAY STANDINGS**

Pacific Northwest Regional Tournament competitions will begin with a pool play format. Each of two divisions (American and National) will play a pool play schedule as determined by the Commissioner under whose jurisdiction the tournament falls. Teams will be seeded at the beginning of a single-elimination competition according to the position they finished in pool play.

Pool play standings will be determined as follows:

1) **WIN – LOSS RECORD**

   The tie breakers are used in order to advance or seed ONE team at a time. Each time a tie is broken to advance one team, leaving a tie between two or more teams, the situation reverts to criterion #2. (Head-to-Head results).

   **If still tied:**

2) **RESULTS OF HEAD-TO-HEAD COMPETITION**

   Example: Three teams are tied with identical records for the first place at the end of pool play. Teams A, B and C played against each other once in pool play. Team A won all of its games against Team B and Team C during pool play. Result – Team A advances, which then creates a two-way tie between Team B and Team C. That tie then is broken by reverting to criterion #2.

   **If still tied:**

3) **FEWEST RUNS GIVEN UP**

   If the results of the head-to-head matchup(s) of the teams that are involved in the tie cannot break the tie (because no team defeated each of the other teams in the tie each time they played, or because no team has defeated all of the other teams involved in the tie, or because the teams involved in the tie did not play one another during pool play), then the tie is broken using criterion #3. The remaining teams’ tie is broken by reverting to criterion #2.

   **If still tied:**

4) **RUN DIFFERENTIAL WITH A MAXIMUM OF 10 PER GAME**
In the event a tie is created by virtue of a forfeited game, and the tie cannot be broken by criterion #2 or #3, the order of criterions #3 and #4 will be reversed and applied to the tie. Since the number of runs which might have been scored during the game may have affected the fewest runs allowed standing (and the awarding of the forfeit gives the “winning team” no additional runs given up), this order will better adjust for that event.

**Note:** The ten run rule is in effect for all games played. The score in any forfeited game will be 7-0 against the forfeiting team.

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**Tournament Pitching Rules**

These pitch count limitations will apply to all tournament games played in District, Area, State, Regional and World Series competition.

There are no limitations on the number of innings a pitcher may pitch in a tournament (bracket or pool play) game subject to the following pitch count limitations:

**Tournament Pitching Rest Requirements:**

<table>
<thead>
<tr>
<th>AGE</th>
<th>DAILY MAX (PITCHES IN GAME/DAY)</th>
<th>REST PERIOD</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>0 Days</td>
<td>1 Days</td>
</tr>
<tr>
<td>7-8</td>
<td>50</td>
<td>1-20</td>
</tr>
<tr>
<td>9-10</td>
<td>75</td>
<td>1-40</td>
</tr>
<tr>
<td>11-12</td>
<td>85</td>
<td>1-40</td>
</tr>
<tr>
<td>13-15</td>
<td>95</td>
<td>1-45</td>
</tr>
<tr>
<td>16-18</td>
<td>105</td>
<td>1-45</td>
</tr>
</tbody>
</table>

A. **League Age 7-8** – Pitcher shall not deliver more than 50 pitches in the same game or on the same day. Exception: If the pitcher reaches the maximum pitch count limit while facing a batter, he may continue to pitch until the batter reaches base safely or is put out.

B. **League Age 9-10** – Pitcher shall not deliver more than 75 pitches in the same game or on the same day. Exception: If the pitcher reaches the maximum pitch count limit while facing a batter, the pitcher may continue to pitch until the batter reaches base safely or is put out.

C. **League Age 11-12** – Pitcher shall not deliver more than 95 pitches in the same game or on the same day. Exception: If the pitcher reaches the maximum pitch count limit while facing a batter, the pitcher may continue to pitch until the batter reaches base safely or is put out.

D. **League Age 13-15** – Pitcher shall not deliver more than 95 in the same game or on the same day. Exception: If the pitcher reaches the maximum pitch count limit while facing a batter, the pitcher may continue to pitch until the batter reaches base safely or is put out.

E. **League Age 16-18** – Pitcher shall not deliver more than 105 in the same game or on the same day. Exception: If the pitcher reaches the maximum pitch count limit while facing a batter, the pitcher may continue to pitch until the batter reaches base safely or is put out.
F. **Intentional Walk Rule** – An intentional base on balls may be given by the defensive team by having its catcher or coach request the umpire to award the batter first base. This may be done before pitching to the batter or on any ball and strike count. The ball shall be declared dead before making the award.

G. The pitch count is determined by the age of the tournament regardless of the player's league age. For example, a 12-year-old swing player participates and pitches on a 13-year-old tournament team. The pitch count that will be used for this situation is the 13-15-year-old tournament pitch count. Same would apply to the 15-year-old swing player that participates on a 16-18-year-old tournament play.

H. All pitchers must adhere to the pitch count rest requirements before pitching in another tournament game.

I. In a game suspended by darkness, weather or other causes and resumed the following calendar day, the pitcher at the time the game was halted may continue to the extent of his/her eligibility.

J. Games in which an ineligible pitcher has been used, as specified in paragraph 4, shall be declared forfeited. The withdrawal of an ineligible pitcher after that pitcher is announced, or after a warm-up pitch is delivered, but before that player has pitched ball to a batter, shall not be considered a violation. Tournament Officials are urged to take precautions to prevent protests.

K. All players have full pitching eligibility beginning at each level of tournament competition. (District, State, Area, Regional and World Series)

**Official Pitch Count Record**

A. The Tournament Director must designate the scorekeeper or another game official as the official pitch count statistician. The pitch count statistician shall record all pitches as defined in the rule book (Rule 2.00 – A pitch is a ball delivered to the batter by the pitcher), in addition to any pitches delivered to the batter ruled a "no pitch" by the umpire.

B. The pitch count statistician must provide the current pitch count for any pitcher when requested by either manager or any umpire. However, the manager has the ultimate responsibility for knowing when his/her pitcher must be removed to meet the rest requirements above.

C. The official pitch count statistician should inform the umpire-in-chief when a pitcher has delivered his/her maximum limit of pitches for the game, as noted above. The umpire-in-chief will inform the pitcher's manager that the pitcher must be removed. However, the failure by the pitch count statistician to notify the umpire-in-chief, and/or the failure of the umpire-in-chief to notify the manager, does not relieve the manager of his/her responsibility to remove a pitcher when that pitcher is no longer eligible.
Concussion Information Sheet

A concussion is a brain injury, and all brain injuries are serious. They are caused by a bump, blow, or jolt to the head or by a blow to another part of the body with the force transmitted to the head. They can range from mild to severe and can disrupt the way the brain normally works. Even though most concussions are mild, all concussions are potentially serious and may result in complications, including prolonged brain damage and death if not recognized and managed properly. In other words, even a “ding” or a bump on the head can be serious. You can’t see a concussion, and most sports concussions occur without loss of consciousness. Signs and symptoms of concussion may show up right after the injury or can take hours or days to fully appear. If your child reports any symptoms of concussion, or if you notice the symptoms or signs of concussion yourself, seek medical attention immediately.

Symptoms may include one or more of the following:

- Headaches
- "Pressure" in head
- Nausea or vomiting
- Neck pain
- Dizziness or balance problems
- Blurred, double, or fuzzy vision
- Sensitivity to light or noise
- Feeling sluggish or slowed down
- Feeling foggy or groggy
- Drowsiness
- Change in Sleep patterns

- Amnesia
- "Don’t feel right”
- Fatigue or low energy
- Sadness
- Nervousness or anxiety
- Irritability
- More emotional
- Confusion
- Concentration or memory problems
- Forgetting game plays
- Repeating the same question/comment

Signs observed by team mates, parents, and coaches include:

- Appears dazed
- Vacant facial expression
- Confused about assignment
- Forgets plays
- Is unsure of game, score, or opponent
- Moves clumsily or displays incoordination
- Answers questions slowly

- Slurred speech
- Shows behavior or personality changes
- Can’t recall events prior to hit
- Can’t recall events after hit
- Seizures or convulsions
- Any change in typical behavior or personality
- Loses consciousness
WHAT CAN HAPPEN IF MY CHILD KEEPS ON PLAYING WITH A CONCUSSION OR RETURNS TOO SOON?

Athletes with the signs and symptoms of concussion should be removed from play immediately. Continuing to play with the signs and symptoms of a concussion leaves the young athlete especially vulnerable to greater injury. There is an increased risk of significant damage from a concussion for a period of time after that concussion occurs, particularly if the athlete suffers another concussion before completely recovering from the first one. This can lead to prolonged recovery or even to severe brain swelling (second impact syndrome) with devastating and even fatal consequences. It is well known that an adolescent or teenage athlete will often under report symptoms of injuries, and concussions are no different. As a result, education of administrators, coaches, parents, and students is the key for a student-athlete’s safety.

IF YOU THINK YOUR CHILD HAS SUFFERED A CONCUSSION:

Any athlete even suspected of suffering a concussion should be removed from the game or practice immediately. No athlete may return to activity after an apparent head injury or concussion, regardless of how mild it seems or how quickly symptoms clear, without medical clearance. Close observation of the athlete should continue for several hours. The new “Zachery Lystedt Law” in Washington now requires the consistent and uniform implementation of long and well-established return-to-play concussion guidelines that have been recommended for several years:

“A youth athlete who is suspected of sustaining a concussion or head injury in a practice or game shall be removed from competition at that time.”

AND

“...may not return to play until the athlete is evaluated by a licensed health provider trained in the evaluation and management of concussion and received written clearance to return to play from that healthcare provider.”

You should also inform your child’s coach if you think that your child may have a concussion. Remember, it is better to miss one game than miss the whole season. When in doubt, the athlete sits out.

For current and up-to-date information on concussions you can go to:  
http://www.cdc.gov/ConcussionInYouthSports/
What is a concussion/mild traumatic brain injury?

A concussion, also called a mild traumatic brain injury, is a head injury caused by the brain being shaken around inside the skull after a direct blow to the head, or a sudden jerking of the head or neck when the body is hit. You don't have to pass out (lose consciousness) to have a concussion. Some people will have symptoms of a concussion, such as passing out or forgetting what happened right before the injury, but others won't.

When should I go to the hospital?

There is more risk of complications such as bleeding and/or swelling in the brain in the first 24 to 48 hours after the injury. However, complications can happen even weeks later.

Call 911 or go to the hospital right away for any of these possible life threatening issues:

- become more confused, restless, or agitated
- become less alert
- you have the worst headache you’ve ever had and a pain medicine (like Tylenol®) isn’t helping
- blood or fluid is coming from the nose or ears or bruising around the eyes or ears
- loss of vision, blurry vision, or double vision
- slurred speech or trouble talking
- sudden weakness on one side of the body
- more than 2 episodes of uncontrollable or forceful vomiting that won’t stop
- seizure activity (such as abnormal movements, loss of consciousness, loss of bowel or bladder control, biting the tongue)

If symptoms get worse at any time or new symptoms from the above list develop, call your doctor or Health Link Alberta. You can also call Health Link Alberta 24/7 if you have questions about concussion/mild traumatic brain injury.

Rockyview General Hospital
7007 14 Street SW, Calgary, Alberta, T2V 1P9
Telephone: 403-943-3000

Foothills Medical Centre
1403 29 Street NW, Calgary, Alberta, T2N 2T9
Telephone: 403-944-1110

Alberta Children’s Hospital
2888 Shaganappi Trail NW, Calgary, Alberta, T3B 6A8
Telephone: 403-955-7211

South Health Campus
4448 Front Street SE, Calgary, Alberta, T3M 1M4
Telephone: 403-956-1111

Peter Lougheed Centre
3500 26 Avenue NE, Calgary, Alberta, T1Y 6J4
Telephone: 403-943-4555

Health Link Alberta
Anyone in Alberta with a health concern can call:
- Toll-free: 1-866-408-5465 (LINK)
- Edmonton: 780-408-5465 (LINK)
- Calgary: 403-943-5465 (LINK)
Or visit:
- MyHealth.Alberta.ca

Reminder: Don't forget to arrange valid travel insurance prior to your travels to Canada to cover any unexpected medical expenses.
WEATHER

In Calgary weather changes quickly and can create unsafe playing conditions. Please note that umpires have full authority over the game once it commences. They may decide upon their own to stop a game however in some cases coaches also have requested the game to be stopped for weather. Sometimes the umpires may call a 20-30 minute break however timing and finality (stop/start) are within their discretion.

Babe Ruth Calgary introduced the Matt Kroll Memorial Trophy in memory of one of our own players who was struck by lightning while playing the game. Matt subsequently died of his injuries. The belief was the game was safe to play as the storm had passed by.

By the time you can hear the thunder, the storm has already approached to within 5 km!

Lightning

- The average lightning strike is 8 km long with up to **30 million volts** at 100,000 amps flow in less than a tenth of a second.
- The average thunderstorm is 10 km wide and moves at a rate of 40 km per hour.
- Once the leading edge of a thunderstorm approaches to within 16 km, you are at immediate risk due to the possibility of lightning strikes coming from the storm's overhanging anvil cloud. This fact is the reason that many lightning deaths and injuries occur with clear skies overhead.
- On average, the thunder from a lightning strike can only be heard over a distance of 5 km, depending on terrain, humidity and background noise around you.

When halting activities due to lightning, seek indoor shelter immediately and stay away from windows, doors, and anything that conducts electricity such as phones, wiring, plumbing. Safe shelter is:

- ideally a substantial building with wiring and plumbing
- a hard topped metal vehicle with windows rolled up – ensure that your vehicle is not parked under tall objects that could fall

*Small buildings, including dugouts, rain shelters, sheds, etc. are NOT SAFE.*

People who have been struck by lightning do not carry an electrical charge and can be safely handled, but victims may be suffering from burns or shock and should receive medical attention immediately. If you come across someone who has been struck, call for medical assistance immediately and, if breathing has stopped, administer mouth-to-mouth or cardio-pulmonary resuscitation (CPR).
GETTING HERE BY VEHICLE

Once you cross the border there are a number of routes that will bring you to Alberta and ultimately the City of Calgary. You may choose to travel North on Highway 95 through British Columbia and the Rocky Mountains that border our two provinces or you may choose to pass through the mountains on Highway 3 and head straight North on Highway 2, allowing a glimpse of our prairie fields with the mountains in the distance. Both routes will offer you picturesque views of the Canadian landscape during your travels.
**From the South** – North on Highway 2, then take a slight left onto Highway 2A (exit 225) toward Macleod Trail. Follow Highway 2A North (Macleod Trail North) for 15.7km/9.8m to Anderson Road. Take exit on right to Anderson Road West (landmark – Honda dealerships). Drive West for 1.4km/0.8m to 14th Street SW and turn right. Follow 14th Street for 4.9km/3.0m and exit on left to Glenmore Trail SW. Merge left and follow for 5.3km/3.3m to Richmond Road SW, turn right and merge quickly to far left lane to turn left on 50th Street SW (landmark – Canadian Tire and Coop Grocery Store). Follow to T intersection – turn left to access service entrance to diamond or turn right to access arena meeting room/additional diamond parking. (see more detailed map and satellite image of area on page 22)

**From the West** – from Banff travel East on Highway 1 for 115km/71.5m into Calgary. After passing Olympic Ski Jump Tower take exit on right to Sarcee Trail SW. Travel for 7.8km/4.9m and turn left onto Richmond Road (landmark – shopping area and McDonalds on right). Travel 0.4km/0.3m and turn left on 50th Street SW (landmark – Canadian Tire and Coop Grocery Store). Follow to T intersection – turn left to access service entrance to diamond or turn right to access arena meeting room/additional diamond parking. (see more detailed map and satellite image of area on page 22)
GETTING HERE BY AIR

On behalf of your flight crew
we’d like to be the first to

Welcome you to Calgary!

From the Airport – travel South on Airport Rd NE which becomes Barlow Trail NE. Turn left on Airport Trail NE and travel 2.6km/1.6m. Turn left onto AB-2 South (Deerfoot Trail South) and travel 10.3km/6.4m. Take Memorial Drive exit 256 on right and travel 7.9km/4.9m. Turn right onto Kensington Road NW and then take next right onto Crowchild Trail NW. Travel 1km/0.6m and exit on right to Bow Trail SW to West. Travel 2.1km/1.3m and turn left onto 37th Street SW. Follow for 1.7km/1.0m and turn right onto 26th Avenue SW. Travel 1.2km/0.8m to arena/additional parking entrance or follow to end of 26th Avenue SW and access service road to Optimist #4 baseball diamond parking area.
DIAMOND INFORMATION

Directions to Optimist Diamond #4/Optimist Arena Meeting Room
5020 – 26 Ave SW, Calgary

North or South from Sarcee Trail, turn East on Richmond Road, turn left on 50th Street SW (which turns into 51st Street SW - landmarks are Canadian Tire and Calgary Coop), proceed North to 26th Avenue SW (T-intersection at the playground) and turn left (West). At end of 26th Avenue SW is a service road heading North which takes you into the ball diamond parking lot.

Note: Parking is also available by turning right and then left into the Optimist Athletic Park/Arena Meeting Room parking lot. There is a short walk across the softball diamond to get into the Optimist Diamond.
Directions to Glenmore Diamond #3 (Practice Facility)
5300 – 19th Street SW, Calgary

From Glenmore Trail SW take Crowchild Trail North exit. Take ramp exit on right to 50 Avenue SW and turn right onto 50 Avenue SW. Head East on 50th Avenue until you drive past the track and baseball diamond. Turn right on service road into Glenmore Athletic Park. Turn right to gain access to baseball diamond.
HOST HOTEL

To ensure that the teams enjoy their tournament experience in Calgary, we have reserved rooms for both weeks at the Grey Eagle Resort and Casino, a short 5 minute drive from the tournament site. They have offered us a fantastic rate of $139.00 CAD (that’s $104 USD at today’s exchange rate) per night for the trip and that includes a room with 2 queen size beds, use of the hotel recreation amenities and a full breakfast each day.

They have also offered a Team meal package for dinners, if you would like to take advantage of that for one of your evenings, I’ll be happy to forward additional info on the team meals at a date closer to the event and once tournament schedules have been established.

You may contact the reservations department at this link, phone number or email. You may hold rooms under your state name, There are 2 blocks - one for the 16 to 18’s = July 18 to 23 and one for the 14’s = July 23 to 29.

Group Name: 2017 Babe Ruth Regional Finals
Rate: $139.00 CAD per night inclusive of a free daily deluxe breakfast buffet
Block ID: 231703

Thank you for booking with the Grey Eagle Resort & Casino. To make your individual reservation please contact the hotel directly and quoting your group name to ensure preferred rate by one of the methods listed below prior to July 4th, 2017 or your reservation may not be guaranteed.

We hope to extend the booking deadline into mid-July however if a team calls and is unable to obtain rooms in this block, please contact Mike Doyle at mjd@cagc.ca for alternative hotel names and contacts in the vicinity of the ball diamond.

Toll Free: 1.844.719.8777 (ask to be forwarded to Matt Squires)
Phone: 587.349.8397
Email: msquires@greyeaglecasino.ca
PLACES TO EAT CLOSE TO THE DIAMOND

Restaurants
The National Westhills - 180 Stewart Green SW
Earl’s – Signal Hill - 140 Stewart Green SW
Moxie’s Grill & Bar - 120 Stewart Green SW
Montana’s Cookhouse - 5622 Signal Hill Centre SW
Humpty’s Family Restaurant - 125 Stewart Green SW (Westhills Shopping Center)
Swiss Chalet Rotisserie & Grill - 5658 Signal Hill Centre SW
Boston Pizza – Pizza & Pasta - 5255 Richmond Road SW
Buffalo Bob’s Canadian Pub - 3715 51 St SW

Fast Food
McDonald’s – Signal Hill - 100 Stewart Green SW
A & W – Burgers - 5621 Signal Hill Centre SW
Wendy’s – Burgers - 5929 Signal Hill Centre SW
OPA! Souvlaki of Greece – Greek Fast Food - 141A Stewart Green SW
Booster Juice – Signal Hill (Sandwiches/Subs & Smoothies) - 131 Stewart Green SW
Edo Japan – Fast Food Japanese - Westhills Town Centre - 141B Stewart Green SW
Subway - 137 Stewart Green SW
Mr. Sub - 5253 Richmond Road SW

Coffee
Tim Hortons – Coffee - 5927 Signal Hill Centre SW
Starbucks – Coffee - 274 Stewart Green SW  
- 200 Stewart Green SW  
- 5570 Signal Hill Centre SW

Second Cup – Coffee - 5644 Signal Hill Center SW

**SHOPPING**

Chinook Centre Mall - 6455 Macleod Trail SW

Southcentre Mall – 100 Anderson Rd SE, Calgary

Market Mall – 2625 Shaganappi Trail NW, Calgary

Sunridge Mall – 2525 – 36 Street NE, Calgary

Cross Iron Mills Outlets - 261055 Crossiron Blvd, Calgary
THINGS TO SEE AND DO

There are so many things to see and do in the Calgary area. We have listed a few of our favorites below, but suggest you also check out the 2017 Tourism Calgary Visitor’s Guide posted on our Regionals website www.brcregionals.com.

Calaway Park – amusement park – 245033 Range Road 33, Calgary  www.calawaypark.com

Calgary Zoo – 1300 Zoo Rd NE, Calgary  www.calgaryzoo.com

Canada Olympic Park – Zipline, Mini-golf, skyline Luge – 88 Canada Olympic Road SW, Calgary  www.winsport.ca

Heritage Park Historical Village – 1900 Heritage Dr SW, Calgary  www.HeritagePark.ca

Fort Calgary – 750 - 9th Avenue SE, Calgary  www.fortcalgary.com

Calgary Tower – 101 9th Ave SW, Calgary  www.calgarytower.com

Telus Spark Science Centre – 220 Saint George’s Dr NE, Calgary  www.sparkscience.ca

Glenbow Museum – 130 9th Ave SE, Calgary  www.glenbow.org

Southland Leisure Centre – wavepool, waterslides – 2000 Southland Dr SW, Calgary

Cineplex Odeon – Westhills – 165 Stewart Green SW, Calgary

Cineplex Odeon – Scotiabank Chinook - 6455 Macleod Trail SW, Calgary

Just a short drive away…

Banff National Park – offering hiking, glacier tours, Hot Springs, and much more, Banff, AB  www.banffnationalpark.com

Dinosaur Provincial Park – Drumheller, AB  www.tyrrellmuseum.com

Head Smashed In Buffalo Jump – Fort Macleod, AB  www.history.alberta.ca/headsmashedin

TOURISM LINKS

http://www.where.ca/alberta/calgary/

http://www.visitcalgary.com/

http://www.calgaryarea.com

http://www.banff.com
Appendix 1

Roster Format

Team Name Where From

| Team photo |

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Manager / Coaches Names

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